

Elementary Hot Lunch

January 2024

Slogan Winner- "Peace, Love, & Eating Healthy"
By Lucy P. from Nazareth Academy



Nutritional Development Services-Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

NDSSchoolLunchProgram

SchoolMealsNDS

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PA Harvest of the Month for January: Sweet Potatoes!



Thursday, January 11th is National Milk Day! Be sure to celebrate by reaching for milk at breakfast & lunch!

Menu is subject to change: A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free. V= Vegetarian



Monday	Tuesday	Wednesday	Thursday	Friday
8	9	10	11	12
206 French Toast with Sausage & 623 Tater Tots OR 208 Chicken Nuggets V 632 Marinara 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie 934 Cinnamon Dino Bites NEW	207 Cheese Ravioli V, NEW & 624 Green Beans OR 208 Chicken Nuggets V with 632 Marinara & Broccoli 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 903 Maple Biscuit	204 Chicken Nuggets V OR 603 Baked Beans 257 Mozzarella Sticks NEW & 682 Marinara 632 Wango Mango Vegetable Juice 659 Watermelon Craisins 933 Cinnamon Tiger Bites	204 St. Bonni's Chicken Bites V OR 264 4x6 Cheese Pizza V OR 208 Chicken Nuggets V & 632 Marinara Croissant 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit OR 682 Banana	271 Cheeseburger Calzone OR 217 Spicy Grilled Cheese OR 208 Chicken Nuggets V & 632 Marinara Cheese Sub 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 752 Fruit Punch Juice
15	16	17	18	19
Martin Luther King Jr. Day	281 Popcorn Chicken with Roasted Potatoes OR 208 Chicken Nuggets V & 632 Marinara Beans 603 Baked Beans 749 Apple Cherry Juice	288 Mac & Cheese with Broccoli OR 208 Chicken Nuggets V & 632 Marinara Broccoli 632 Wango Mango Vegetable Juice 648 Strawberry Gello Bowl 901 Honey Biscuit	215 Taco Stick OR 208 Chicken Nuggets V OR 208 Chicken Nuggets V & 632 Marinara Cheese Wedge 620 Salsa 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 941 Tostitos Scoops	208 Chicken Nuggets V & 632 Marinara Tater Tots OR 208 Chicken Nuggets V & 632 Marinara Cheese Sub 611 Bagged Baby Carrots 748 Grape Juice
22	23	24	25	26
208 Chicken Nuggets V & 632 Marinara Breadsticks V OR 632 Marinara 204 Chicken Nuggets & 623 Tater Tots 631 Cherry Star Vegetable Juice 749 Apple Cherry Juice 933 Cinnamon Tiger Bites	286 Penne Pasta with Meat Sauce & Italian Vegetables & 908 Dinner Roll OR 208 Chicken Nuggets V & 632 Marinara Pineapple V 621 Celery 670 Fresh Fruit	208 Chicken Nuggets V OR 235 Waffle & Cheese Sandwich V OR 228 Turkey Ham & Cheese Sub 630 Dragon Punch Vegetable Juice 611 Bagged Baby Carrots 694 Kiwi & Strawberry Sidekick	283 Chicken Tenders with Corn OR 208 Chicken Nuggets V & 632 Marinara Calzone OR 632 Marinara & 632 Sunset Sip Vegetable Juice 603 Baked Beans 670 Fresh Fruit OR 682 Banana 992 Oatmeal Cookie	208 Chicken Nuggets V OR 632 Marinara 263 5" Round Cheese Pizza V OR 208 Chicken Nuggets V & 632 Marinara Turkey & Two Cheese Wedge 706 Romaine Salad with Cherry Tomatoes 697 Bagged Sliced Apples
29	30	31	1	2
208 Chicken Nuggets V OR 217 Spicy Grilled Cheese V OR 208 Chicken Nuggets V & 632 Marinara Turkey Ham, Turkey Pepperoni & Cheese Sub 630 Dragon Punch Vegetable Juice 620 Salsa 651 Mango Pineapple Smoothie 941 Tostitos Scoops	206 French Toast with Sausage & 623 Tater Tots OR 208 Chicken Nuggets V & 632 Marinara Pineapple V OR 632 Marinara 631 Cherry Star Vegetable Juice 670 Fresh Fruit	208 Chicken Nuggets V OR 603 Baked Beans 257 Mozzarella Sticks V & 682 Marinara Sauce 633 Sunset Sip Vegetable Juice 658 Cherry Craisins 932 Cinnamon Scooby Snacks	264 4x6 Cheese Pizza V OR 208 Chicken Nuggets V OR 208 Chicken Nuggets V & 632 Marinara OR 208 Chicken Nuggets V & 632 Marinara Italian Chicken Wrap 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit OR 682 Banana	200 Hamburger with Bun OR 201 Cheeseburger with Bun 611 Bagged Baby Carrots 542 Harvest Pumpkin Hummus 749 Apple Cherry Juice

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items are suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.